



## Positive Impact - Become the Influence

### ONLINE SEMINAR

Learn the art of being a positive influencer and how to set an example of positivity, adaptability, and inspire those around you, whether at work, at home, or in your community.

**FEBRUARY 2024**

### LET US HELP

Visit the website below starting February 20th

**WEBSITE:** [www.EAPHelplink.com](http://www.EAPHelplink.com)

**TOLL-FREE:** 1.800.999.1077

**COMPANY CODE:** DOUGLAS

**YOUR EMPLOYEE ASSISTANCE PROGRAM**

**ALWAYS AVAILABLE | FREE | CONFIDENTIAL**