November 2015 MENU

Douglas County Senior Center

PLEASE REMEMBER NOT TO TAKE HOME ANY OF YOUR LEFT OVERS EXCEPT A PIECE OF BREAD, WHOLE FRUIT OR NON PERISHABLE DESSERT.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Caesar Salad Cheese Tomato Hard Boiled Egg Grapes Cinnamon Apple Muffin	3 Vegetable Lasagna Garden Salad Roasted Garlic Bread Mixed Fruit Cup Pineapple Upside Down Cake	4 Split Pea Soup Meatball Sub Cucumbers in Sour Cream Fresh Orange	5 Beef Brisket w/ Mashed Potatoes Roasted Beef Gravy Pea Salad Fresh Carrots Coconut Cream Pie	6 Lemon Baked Fish Baked Potato Beet Salad Broccoli & Carrots Whole Wheat Bread w/Apple Butter Honeydew Melon
9 ***USO Celebration*** Fried Chicken Coleslaw, Mashed Potato & Gravy Corn On The Cob Biscuit Apple Pie Ala Mode	10 2 Beef Tacos Ranch Style Beans Mexicorn Orange Rice Pudding	11 Veterans Day Center Closed	12 Chicken Cacciatore Polenta Peas & Carrots Lettuce & Tomato Salad w/ Italian Dressing Pears Garlic Bread	13 French Dip w/ Au Jus Romaine Bacon Swiss Salad Onion Rings V-8 Juice Blueberry Pie
16 Chili W/Beans Cheese & Onions Corn Bread Muffin Cottage Cheese & Peaches Chocolate Cake	17 Pepper Steak Over Jasmine Rice Bread Stick Marinated Tomato w/ Cucumber & Red Onion Mixed Fruit Cup Butterscotch Pudding	18 ***Birthday Day*** Baked Ham Waldorf Salad Mashed Potato & Gravy Capri Blend Veggies Dinner Roll Carrot Cake w/Vanilla Ice Cream	19 BBQ Chicken Roasted Vegetables Broccoli Salad Whole Wheat Bread Fruited Gelatin Dessert	20 Baked Cod Cajun Style Broccoli Stuffed Potato Garden Salad w/ Caesar Italian Dressing Wheat Bread Fresh Orange
23 Sloppy Joe Baked Beans Baby Carrots Fruit Cocktail	24 Turkey Fajita Spanish Rice Ranch Style Beans Chopped Spinach Pineapple Chunks	25 ***Thanksgiving Dinner*** Turkey Yams Stuffing Mashed Potato & Gravy Roll, Green Bean Casserole Cranberry Fruit Salad Squash Casserole Pumpkin Pie	26 Thanksgiving Holiday Senior Center Closed	27 Thanksgiving Holiday Senior Center Closed
30 Beef Stew Biscuit Marinated Tomatoes Banana Cream Pie White Grape Juice				